



Food Bank of WNY

Serving Cattaraugus, Chautauqua,
Erie and Niagara Counties

FOOD	SHELF LIFE
BABY FOOD OR FORMULA	MUST DISCARD BY USE BY DATE
CANNED FOODS- LOW ACID FOODS: TUNA, GRAVY, SOUPS, STEWS, BEANS, VEGGIES	DISCARD 2 YEARS PAST DATE
CANNED FOODS- HIGH ACID FOODS: FRUIT, JUICES, PICKLES, SAUERKRAUT, TOMATO SOUP	DISCARD 1 YEAR PAST DATE
CEREAL	DISCARD 6 MONTHS PAST DATE ON PACKAGE
CONDIMENTS: BBQ SAUCE, KETCHUP, ETC.	DISCARD 1 YEAR PAST DATE
COFFEE/TEA	DISCARD 2 YEARS PAST DATE
CRACKERS	DISCARD 8 MONTHS PAST DATE
JAM/JELLY	DISCARD 1 YEAR PAST DATE
JUICE	DISCARD 6-9 MONTHS PAST DATE
MAYONNAISE	DISCARD 3 MONTHS PAST DATE
MACARONI & CHEESE OR BOXED SHELF-STABLE MEALS	DISCARD 1 YEAR PAST DATE
PASTA	DISCARD 2 YEARS PAST DATE
PEANUT BUTTER	DISCARD 6 MONTHS PAST DATE
RICE	WHITE RICE: DISCARD 2 YEARS PAST DATE BROWN RICE: DISCARD 1 YEAR PAST DATE
SALAD DRESSING	DISCARD 1 YEAR PAST DATE
SPAGHETTI SAUCE	DISCARD 1 YEAR PAST DATE
SOY MILK, ALMOND MILK, RICE MILK	DISCARD 6 MONTHS PAST DATE
SHELF STABLE MILK (EX: HORIZON)	DISCARD 6 MONTHS PAST DATE
SODA	DISCARD 6 MONTHS PAST DATE

FOR A MORE COMPREHENSIVE LIST, PLEASE REFER TO THE FOODKEEPER BROCHURE